

Mission Statement

As a responsible steward of the land and community, Seton Harvest, a ministry of the Daughters of Charity, will use the land in a just and environmentally conscious way by sharing locally grown food with shareholders, including persons who are poor and homeless and by providing educational opportunities around sustainable agriculture.

SHARHOLDER PICK-UP TIMES

Saturday @ the Farm

8:00 a.m. - 11:00 a.m.

Tuesday @ the Farm and
Epworth Crossing

3:30 p.m.- 6:30 p.m.

REMINDER

Always wash your produce before you use it.

We rinse it but do not wash it for you.



Findings on the Farm

Welcome to all of you! Here we are at the opening of the 2021 season, which by the way is our sixteenth one. How fast time flies. It seems like we just finished our last season and here we are starting another one. I am looking forward to meeting all our new shareholders that are joining us for the first time and seeing the ones that have been with us for a while.

With the dry spring and moderate temperatures we have had, I think it has been one of the best springs in years. What a blessing it is to be able to plant crops out in a timely manner, not being hampered by days or weeks of wet weather. I will have to say that this has been a spring where all the flowering trees, shrubs, and spring flowers in general have hung around over an extended period of time, letting us enjoy them just a little longer than usual.

Feel free to walk around the place and look at how the veggies are doing. Make yourself at home. If you have any comments or questions about anything, don't hesitate to ask me. I am looking forward to a very productive year with perfect weather bringing a bumper harvest of all the crops we grow, and the right amount of rain, plentiful sunshine and moderate temperatures day and night to make the plants grow into their full bounty. Sounds like the optimism of every farmer! All I hope for is the best in the coming season no matter what comes along. So let the season begin!



Farmer Joe Schalasky

Always Growing,

Farmer Joe



The SETON HARVEST MOBILE APP is now available for download!!

The mobile app provides users access to **Weekly Produce** updates, **Recipes**, the **Newsletter** and **More**. You don't have to be a current shareholder to stay connected. You can easily continue to support Seton Harvest through the app by registering for **Events**, sign up to **Volunteer**, and make **Donations**. Once you've downloaded the app, look for the "Invite A Friend" button and share with others!



Interested in learning more about the app or need assistance?

Attend the **Seton Harvest App ZOOM Meeting** on **May 27th at 5:30p.m.**
Contact Amy - amy.rhodes@doc.org - to RSVP and receive the ZOOM link

GARLIC SCAPES

Things to Do with Garlic Scapes (Bonappetit.com)

1. Blitz some stalks into a garlicky pesto
2. Fold chopped and sautéed garlic scapes into frittatas or scrambled eggs.
3. Chop garlic scapes into little coins and add to stir-fries and fried rice.
4. Finely dice a couple of garlic scapes and mix into a vinaigrette. (They also make a tasty addition to green goddess dressing.)
5. Throw whole scapes on the grill, just like you would make grilled scallions.
6. Fold chopped scapes into a dip for grilled meat or roasted veggies.
7. Cut garlic scapes into 6-inch pieces and pickle them. (Think pickled green beans or thin kosher dill pickles.)
8. Sauté scapes and use them as a pizza topping. Don't forget to save any leftover sautéing oil for drizzling.



Sister Maureen's Reflection

Nature has so much to teach us, if we have eyes and ears to see and listen.

ENJOY FRESH FLOWERS BEGINNING JUNE 2021

Fresh from the Farm seasonal blooms are available again this year through a weekly and bi-weekly bouquet subscription offer from Eastham Flower Farm.



Contact Emily Eastham at
easthamflowerfarm.com

We'd like to extend a warm welcome to AARP! In addition to being a Twilight Dinner sponsor, AARP has also purchased a full share to be donated to a local family in need. Thank you so much!

