

Mission Statement

As a responsible steward of the land and community, Seton Harvest, a ministry of the Daughters of Charity, will use the land in a just and environmentally conscious way by sharing locally grown food with shareholders, including persons who are poor and homeless and by providing educational opportunities around sustainable agriculture.

SHARHOLDER PICK-UP TIMES

Saturday @ the Farm

8:00 a.m. — 11:00 a.m.

Tuesday @ the Farm and Epworth Crossing

3:30 p.m.— 6:30 p.m.

REMINDER

Always wash your produce before you use it.

We rinse it but do not wash it for you.



Findings on the Farm

I will have to say that this past week has really been pleasant compared to last week when it was down right hot! It is a small preview of Fall with a few crisp, cool mornings and some very comfortable afternoons. Wednesday evening was good for pulling weeds in the bean patch on our weeding day we had. There were about sixteen people who showed up to help and they made short work of the weed problem. I thank all of you for coming out and helping.

In the coming weeks the ground will be worked in preparation for all those seedlings to be planted in late August. Additional areas will be worked to put some Fall seeds in. They will include Asian greens like boc choy, tatsoi, and mustard greens. Other direct seeded crops are four varieties of radish, rutabaga, three kinds of turnips, kale, and arugula. I’m not done yet! There will be the last planting of some of our Summer crops too. This will include potatoes, squash, cucumbers, and green beans that I hope will take us into October to the first frost.



Fall is my favorite time of year to garden. The temperatures become a little more comfortable as the weeks pass by. The insect pressure lets up as the days get shorter and cooler. Weeds don’t grow nearly as fast either.

So, as you can see, we have a busy schedule to keep up with in the next month or so. If you haven’t gotten your volunteer hours in, Fall is a great time to do it. We can always use the hands!

Always Growing,
Farmer Joe



Download the “**setonharvest**” app from Google Play or App Store for a quick and easy way to volunteer or purchase Twilight Dinner tickets. Don’t have the app? You can also purchase tickets by contacting julie.dietz@doc.org, through [Eventbrite.com](https://www.eventbrite.com) or [Setonharvest.org](https://www.setonharvest.org)



Thanks to everyone who joined us for WEEDING WEDNESDAY!

We appreciate all of our volunteers!



Watch for more Weeding Wednesdays to come! Please feel free to volunteer anytime your schedule allows. You can sign-up through the App.

JULY CONTEST WINNERS

- Linda Howard**– Reusable bags
- Janet Fischer**– Compost bucket
- Matthew Herrmann**– SH t-shirt, hat, & reusable bags



Your prizes will be at your next pick-up!

Weekly Recipe: THAI-INSPIRED WATERMELON SALAD

Ingredients:

- 1 large shallot, roughly chopped
- 2 small limes
- 1 ½ cups packed cilantro leaves
- ¼ cup salted peanuts, chopped
- 10 yellow cherry tomatoes, halved
- 6 cups cubed watermelon (from a 2-pound piece with rind)
- 1 large jalapeño cut into 4 pieces (with seeds for more spice!)
- 1 halved and 1 juiced, plus more lime juice to taste
- ½ cup lightly packed basil, coarsely chopped
- 1 tablespoon light brown sugar
- 3 tablespoons fish sauce, plus more to taste

Directions:

Using a large mortar and pestle (or a bowl with a cocktail muddler to smash), mash the shallot, jalapeño, halved lime, and sugar in a bowl.

Transfer to a large bowl and add the tomatoes, lime juice from the second lime, and fish sauce, and lightly mash about 10 times.

Add the watermelon, cilantro, and basil and gently toss, then correct seasoning with more lime juice and fish sauce to taste.

Garnish with peanuts.



ENJOY THE PEACH PIT PEACHES?

The Peach Pit still has peaches available at his farm.

**Visit The Peach Pit at:
10321 Damm Rd, Wadesville, IN
(7 minutes from Seton Harvest)**

**Hours: Monday to Friday, 2:00 — 6:00 p.m.
Saturday, 9:00 a.m. – 1:00 p.m.**

**Call Rob for availability
812-459-3539**

Eastham Flower Farm first U-pick of the season!



**Come out to Eastham Flower Farm on
Sunday August 8th
10:00 a.m.-3:00 p.m.
\$25.00 per container of flowers
Container and clippers provided.**

7744 Lincoln Trail Rd. Gentryville IN

Sister Maureen's Reflection:

***All of us share this precious, sacred and fragile planet.
May we unite in this work of protection the place we call home.***

