

Mission Statement

Seton Harvest, a ministry of the Daughters of Charity, promotes care of the environment by growing food naturally, shares produce with local shareholders and people in need, and provides educational opportunities for sustainable living.

SHARHOLDER PICK-UP TIMES

Saturday @ the Farm
8:00 a.m.—11:00 a.m.

Tuesday @ the Farm and Epworth Crossing
3:30 p.m.—6:30 p.m.

UPCOMING EVENTS

SWINGA Volunteer Days
Starting at 8:00 am

September 9
 September 10

TWILIGHT DINNER
6:00-10:00 pm

September 17

Indiana Poet Laureate
Matthew Graham

5:30 - 8:30 pm
 September 24

WORKING WEDNESDAYS

5:30-7:30 pm
 September 21
 October 19



Findings on the Farm

With September here, the slow transition into fall begins. The days are starting to get a little shorter and the evenings will start to cool a little faster, which will affect how fast the crops develop. The trees around the farm have lost the youthful looking leaves they once had. Some of the plants in the field are looking a little rough too, but that is the way it is. Then the fall crops are vibrant, with new growth every day. I love to see the new life spring forth from the seed and the small starts we plant take root in the waning days of summer.

Labor Day weekend is here too. Oh, where did the summer go? We all labor in one way or another in our daily lives. The first Labor Day was held on September 5th, 1882 in New York City and became a federal holiday in 1894 as a celebration of the achievements and contributions of American workers. The day consisted of a demonstration and a picnic. Thanks for all your hard work! I hope that everyone has a safe holiday weekend and gets some time to rest and relax. So be safe in your travels, and don't work too hard on your day off.



It will soon be time to dig our sweet potatoes. The annual Sweet Potato Dig is scheduled for September 23rd at 5:00 P.M. until dark. I hope that you might be able to come out and join us for what is usually a great evening. There will be a sign-up sheet on the sign-in table so that we know about how many to expect that evening.

Always Growing,
Farmer Joe



Sister Maureen's Reflection : *Blessed is the tree which takes time to sink deep roots; it shows us what we have to do in order to withstand the storm.* "Environmental Beatitudes" by Flor McCarthy

Weekly Recipe: Chinese Eggplant with Spicy Garlic Sauce

SteamyKitchen.com

Ingredients:

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| 2 tablespoons cooking oil, divided | 3 small eggplants cut into long strips |
| 2 cloves garlic, finely minced | 1 red chile pepper, finely diced |
| 1 tablespoon ginger, finely minced | 1 stalk green onion, chopped |
| 1 tablespoon soy sauce | 1 tablespoon black vinegar |
| 1/2 teaspoon sugar | |



Preparation: In a wok or saucepan over high heat, add 1 tablespoon of the cooking oil and swirl to coat wok. When wok is hot, add eggplant in a single layer. Cook 2 minutes and flip over each piece so they cook evenly. Cook another 2-3 minutes, flipping occasionally. The egg plant should have changed in color, the skin wrinkled and the flesh soft.

Push eggplant aside in wok and add 1 tablespoon cooking oil. Add garlic, red chile peppers, ginger and green onion. Stir these aromatics until they become fragrant. Combine aromatics with eggplant and stir fry for one minute. Add soy sauce, black vinegar and sugar and stir to combine all. Serve immediately.



Our first magical evening on the farm will be

September 17, 2022
6:00pm—10:00PM

Proceeds support our mission of growing
20% extra produce for people in need.

Tickets are on sale **NOW** on [Eventbrite](https://www.eventbrite.com)

Ticket sales are limited to our
Farm-to-table **TWILIGHT DINNERS** this year!!



TWD Sponsors



Tri-State Creation Care and Seton Harvest present

An Evening on the Farm with

MATTHEW GRAHAM

Indiana Poet Laureate

SEPTEMBER 24TH

5:30 - 8:30 pm

SETON HARVEST

A Sense of Place
Reading,
Talk, and
Book Signing



Matthew Graham is the author of four collections of poetry and is the recipient of awards and fellowships from the Academy of American Poets, Pushcart, the Indiana Arts Commission and the Vermont Studio Center.

Graham is a Professor Emeritus of English at the University of Southern Indiana and is the current Indiana State Poet Laureate. He is married to the painter Katie Waters.

Pre-Registration Required!

Register at SetonHarvest.org/events
or call 812.963.7531

Location: Seton Harvest
9400 New Harmony Rd., Evansville

Gates Open: 5:30 pm
Farm Tours: 5:30 - 6:15 pm

Reading & Talk: 6:30 - 7:30 pm

Book Signing/Conversation until 8:30 pm
Cost: Free (Cash Donations Accepted)

Indiana beer, wine, and cheese samples provided by

