# Seton Harvest Newsletter

#### May 18 & 21, 2024

## **Mission Statement**

Seton Harvest, a ministry of the Daughters of Charity, promotes care of the environment by growing food naturally, shares produce with local shareholders and people in need, and provides educational opportunities for sustainable living.

# SHARHOLDER PICK-UP TIMES Saturday @ the Farm

8:00 a.m.—11:00 a.m. Tuesday @ the Farm 3:30-6:30 Epworth Crossing 3:30 p.m.—5:30 p.m.

#### REMINDER

Always wash your produce before you use it. We rinse it but do not wash it for you.

## **VISIT US AT**

#### SetonHarvest.org





# **Findings on the Farm**

Welcome to all our shareholders, those that have been with us through several years, and the new ones that are joining us for the first time this season. I am looking forward to a bountiful season here at the farm. I will have to admit that this spring has been a bit of a challenge with all the rain we have been blessed with. Our planting schedule is several weeks behind where I would like it to be by now. I'm sure that we will catch up soon when the fields start drying out.

Feel free to walk around the place and look at how the veggies are doing. Make yourself at home. If you have any comments or questions about anything, don't hesitate to ask me.

I am looking forward to a very productive year with perfect weather bringing bumper harvests of all the crops we grow, and the right amount of rain, plentiful sunshine, and moderate temperatures day and night. Sounds like the optimism of every farmer! All I hope for is the best in the coming season no matter what comes along.

Always Growing,

Farmer Joe

Check out the new *KIDS CORNER* on the bulletin board in the barn!

Fun, interactive monthly activities to do at the farm or at home!





For more information, contact: Joe Schalasky, Farm Manager - 812-963-7690; joe.schalasky@doc.org Julie Dietz, Community Outreach Manager - 812-963-7692; julie.dietz@doc.org

# **Meet Your Farm Team**



Sister Sharon H.



Julie D.



Sister Marilyn M.



Daniel R.



Farmer Joe S.



Jax



Jamie L.



# **VOLUNTEER OPPORTUNITY**

Daniel G.

As a Seton Harvest Shareholder, we ask that all shareholders volunteer 4 hours at the farm in 26 weeks. If that volunteer time is completed, we will give you **\$50.00** next seasons share.

We are lucky to have SWIMGA & Master Gardner's help us with our herb garden. They have done a fantastic job and it looks amazing!! They will host a workday on Monday, May 27th at 8:30 Experience is not required, tools will be provided. Come join the fun, reconnect with nature and learn a thing or two!

# GARLIC SCAPES

## Things to Do with Garlic Scapes (Bonappetit.com)

- 1. Blitz some stalks into a garlicky pesto
- 2. Fold chopped and sautéed garlic scapes into frittatas or scrambled eggs.
- 3. Chop garlic scapes into little coins and add to stir-fries and fried rice.

4. Finely dice a couple of garlic scapes and mix into a vinaigrette. (They also

- make a tasty addition to green goddess dressing.)
- 5. Throw whole scapes on the grill, just like you would make grilled scallions.
- 6. Fold chopped scapes into a dip for grilled meat or roasted veggies.

7. Cut garlic scapes into 6-inch pieces and pickle them. (Think pickled green beans or thin kosher dill pickles.)

8. Sauté scapes and use them as a pizza topping. Don't forget to save any leftover sautéing oil for drizzling.

