

Mission Statement

Seton Harvest, a ministry of the Daughters of Charity, promotes care of the environment by growing food naturally, shares produce with local shareholders and people in need, and provides educational opportunities for sustainable living.

SHARHOLDER PICK-UP TIMES

Saturday @ the Farm

8:00 a.m.—11:00 a.m.

Tuesday @ the Farm and
Epworth Crossing

3:30 p.m.—6:30 p.m.

REMINDER

*Always wash your
produce before you use it.*

*We rinse it but do not
wash it for you.*

VISIT US AT

SetonHarvest.org



Findings on the Farm

Welcome to all our shareholders, the ones that have been with us through several years, and the new ones that are joining us for the first time this season. I'm looking forward to a bountiful seventeenth season here at the farm. One thing I have learned over the years is that you can't judge the new year by the way it starts out. The cold weather lasting well into spring put our planting schedule over a month behind on some of our spring crops. Then the flip to summer like heat did no favors for the more sensitive produce. Most of the time everything starts to straighten itself by June and it all seems to work out fine.

Feel free to walk around the place and look at how the veggies are doing. Make yourself at home. If you have any comments or questions about anything, don't hesitate to ask me.



Farmer Joe Schalasky

I am looking forward to a very productive year with perfect weather bringing bumper harvests of all the crops we grow, and the right amount of rain, plentiful sunshine, and moderate temperatures day and night to make the plants grow into their full bounty. Sounds like the optimism of every farmer! All I hope for is the best in the coming season no matter what comes along. So let the season begin!

Always Growing,

Farmer Joe



The SETON HARVEST MOBILE APP is now available for download!!

The mobile app provides users access to **Weekly Produce** updates, **Recipes**, the **Newsletter** and **More**. You don't have to be a current shareholder to stay connected. You can easily continue to support Seton Harvest through the app by registering for **Events**, sign up to **Volunteer**, and make **Donations**. Once you've downloaded the app, look for the "Invite A Friend" button and share with others!



GARLIC SCAPES

Things to Do with Garlic Scapes (Bonappetit.com)

1. Blitz some stalks into a garlicky pesto
2. Fold chopped and sautéed garlic scapes into frittatas or scrambled eggs.
3. Chop garlic scapes into little coins and add to stir-fries and fried rice.
4. Finely dice a couple of garlic scapes and mix into a vinaigrette. (They also make a tasty addition to green goddess dressing.)
5. Throw whole scapes on the grill, just like you would make grilled scallions.
6. Fold chopped scapes into a dip for grilled meat or roasted veggies.
7. Cut garlic scapes into 6-inch pieces and pickle them. (Think pickled green beans or thin kosher dill pickles.)



Sister Maureen's Reflection— It's time again to be conscious that our common home belongs not only to us but to all creatures and to the next generation.

ENJOY FARM FRESH FLOWERS BEGINNING JULY 2022

Fresh from the Farm seasonal blooms are available again this year! A weekly and bi-weekly bouquet subscription



will be offered from
Timberview Flower Farm.

Contact Mary Damn
at 812.963.3241 or
medflowers@att.net



We now have
**HAWK PERCHES
&
BAT HOUSES**

Thanks to Boy Scout, Cooper Johnson for accomplishing his Eagle Scout badge with us. Not only did Copper design and build the perches and houses, he also donated \$325 to our tractor fund!!

WAY TO GO COOPER!!!

